

Patient Exam Preparation Instructions:

Retrograde Urethrogram/ RUG

We look forward to seeing you for your appointment.
Please follow these instructions:

- Arrive at least 15 minutes prior to your test.
- This test takes images of your urethra while it is filling with contrast.
- A small urinary catheter will be partially inserted into the tip of your penis. A small balloon which is located at the tip of the catheter will be inflated. This ensures the catheter stays in place during the exam.
- The radiologist will then instill contrast through the catheter to outline your urethra during which time x-rays will be taken.
- The catheter will be removed at the end of the exam.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**